



|           |  |
|-----------|--|
| Date in:  |  |
| Date out: |  |
| Number:   |  |

## PATIENT INFORMATION

CLINIC INFO: \_\_\_\_\_ First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_  
Weight lbs: \_\_\_\_\_ Gender: \_\_\_\_\_ Shoe Size: \_\_\_\_\_ Type of shoes: \_\_\_\_\_

## BIOMECHANICAL EXAMINATION FINDINGS

|   |   |  |                       |
|---|---|--|-----------------------|
| Arch Height: Non-Weight Bearing<br><input type="checkbox"/> High <input type="checkbox"/> Medium <input type="checkbox"/> Low | <input type="checkbox"/> Metatarsal Adductus<br><input type="checkbox"/> Rear Foot Varus <input type="checkbox"/> Rear Foot Valgus<br><input type="checkbox"/> Fore Foot Valgus <input type="checkbox"/> Fore Foot Valgus | Hallux: <input type="checkbox"/> Valgus <input type="checkbox"/> Limitus <input type="checkbox"/> Rigidus<br><input type="checkbox"/> Pes Planus<br><input type="checkbox"/> Pes Cavus | Right<br><br>Left<br> |
| Arch Height: Weight Bearing<br><input type="checkbox"/> High <input type="checkbox"/> Medium <input type="checkbox"/> Low     | Gait Pattern: <input type="checkbox"/> Out toe <input type="checkbox"/> In toe <input type="checkbox"/> Straight  |  |                       |

## 1. TYPES OF ORTHOTICS

|   |  |  |   |   |
|---|--|--|---|---|
| <input type="radio"/> SPORT MEDIX<br><input type="radio"/> MARATHON<br><input type="radio"/> SUPER FLEX<br><input type="radio"/> SAFETY MEDIX | <input type="radio"/> CASUAL MEDIX<br><input type="radio"/> DRESS<br><input type="radio"/> HIGH HEEL | <input type="radio"/> ACCOMMODATIVE<br><input type="radio"/> DIABETIC :<br><input type="checkbox"/> EVA <input type="checkbox"/> Cork<br><input type="checkbox"/> Polypropylene (Thin) | <input type="radio"/> UCBL<br><input type="radio"/> ROBERT WHITMAN<br><br><br><input type="checkbox"/> Induce in-toeing<br><input type="checkbox"/> Induce out-toeing | Heel Cup Depth<br><input type="radio"/> 10mm <input type="radio"/> 15mm<br><input type="radio"/> 12mm <input type="radio"/> Other _____ |
| PREMIUM* <input type="radio"/> XT SPORT MEDIX <input type="radio"/> XT CASUAL MEDIX <input type="radio"/> XT DRESS MEDIX                      |  |  |   | Cast Dressing<br><input type="checkbox"/> Min <input type="checkbox"/> Moderate <input type="checkbox"/> Max                            |
|   |  |  |   | Shell Cut Out<br><input type="checkbox"/> Standard <input type="checkbox"/> Wide <input type="checkbox"/> Narrow                        |

## 2. TYPES OF BACK COVERS

Vinyl: ☐ Black ☐ Navy Suede\*: ☐ Black ☐ Tan ☐ Brown  
Microcell: ☐ Black ☐ Green ☐ Red ☐ Navy

## 3. TYPES OF TOP COVERS

|  |  |   |  |  |   |
|--|--|---|--|--|---|
| Vinyl<br><input type="radio"/> Black<br><input type="radio"/> Navy<br><input type="radio"/> Brown<br><input type="radio"/> Red<br><input type="radio"/> Grey | Spenco ETC<br><input type="radio"/> Black <input type="radio"/> Black<br><input type="radio"/> Blue <input type="radio"/> Navy<br>EVA - Perforated<br><input type="radio"/> Black<br><input type="radio"/> Beige | Microcell<br><input type="radio"/> Black<br><input type="radio"/> Navy<br><input type="radio"/> Red<br><input type="radio"/> Green<br><input type="radio"/> Brown<br><input type="radio"/> Yellow | Kids<br><input type="radio"/> PPNW<br><input type="radio"/> GRYN<br>P: Pink, P: Purple<br>N: Navy, W: White<br>G: Green, R: Red<br>Y: Yellow | Leather*<br><input type="radio"/> Black<br><input type="radio"/> Brown<br><input type="radio"/> Beige<br>X Static*<br>(Antibacterial)<br><input type="radio"/> Black | Suede*<br><input type="radio"/> Black<br><input type="radio"/> Tan<br><input type="radio"/> Brown<br>Bamboo*<br><input type="radio"/> Bamboo* |
|--|--|---|--|--|---|

## 4. CUSHION AND POSTING

|  |   |
|--|---|
| Shell Thickness<br><input type="checkbox"/> 1 mm <input type="checkbox"/> 2 mm <input type="checkbox"/> 3 mm<br><input type="checkbox"/> Other _____   | Rearfoot <input type="checkbox"/> Extrinsic <input type="checkbox"/> Intrinsic<br>Left <input type="checkbox"/> Varus _____ <input type="checkbox"/> Valgus _____<br>Right <input type="checkbox"/> Varus _____ <input type="checkbox"/> Valgus _____   |
| Length<br><input type="checkbox"/> Full Length <input type="checkbox"/> 3/4 (to Mets)<br><input type="checkbox"/> Sulcus                               | Forefoot <input type="checkbox"/> Extrinsic <input type="checkbox"/> Intrinsic<br>Left <input type="checkbox"/> Varus _____ <input type="checkbox"/> Valgus _____<br>Right <input type="checkbox"/> Varus _____ <input type="checkbox"/> Valgus _____<br><input type="checkbox"/> Ext to Sulcus |
| Cushion Mid Layer<br><input type="checkbox"/> None <input type="checkbox"/> 2 mm<br><input type="checkbox"/> 3 mm <input type="checkbox"/> Extra _____ | Heel Lift<br><input type="checkbox"/> Left _____ mm<br><input type="checkbox"/> Right _____ mm  |

## 5. MODIFICATIONS: SOFT & HARD

|  |   |   |   |   |  |   |
|--|---|---|---|---|--|---|
| <br><input type="checkbox"/> Left<br><input type="checkbox"/> Right<br>Heel Spur Pad   | <br><input type="checkbox"/> Left<br><input type="checkbox"/> Right<br>Heel Cushion   | <br><input type="checkbox"/> Left<br><input type="checkbox"/> Right<br>Heel Center Pocket   | <br>(1, 2, 3, 4, 5) L<br>(1, 2, 3, 4, 5) R<br>Met Pad <input type="checkbox"/>  | <br>(1, 2, 3, 4, 5) L<br>(1, 2, 3, 4, 5) R<br>Met Bar Pad <input type="checkbox"/>        | <br><input type="checkbox"/> Left<br><input type="checkbox"/> Right<br>Met Raise     | <br>(1, 2, 3, 4, 5) L<br>(1, 2, 3, 4, 5) R<br>U Cut Out |
| <br><input type="checkbox"/> Left<br><input type="checkbox"/> Right<br>Skid Plate      | <br><input type="checkbox"/> Left<br><input type="checkbox"/> Right<br>Arch Fill (Plantar)  | <br><input type="checkbox"/> Left<br><input type="checkbox"/> Right<br>Arch Pad (Dorsal)  | <br><input type="checkbox"/> Left<br><input type="checkbox"/> Right<br>Reverse Morton Extension   | <br><input type="checkbox"/> Left<br><input type="checkbox"/> Right<br>Morton's Extension | <br><input type="checkbox"/> Left<br><input type="checkbox"/> Right<br>Kinetic Wedge |   |
| <br><input type="checkbox"/> Left<br><input type="checkbox"/> Right<br>Toe Crest       | <br><input type="checkbox"/> Left<br><input type="checkbox"/> Right<br>Lateral Clip <input type="checkbox"/> Hard <input type="checkbox"/> Soft | <br><input type="checkbox"/> Left<br><input type="checkbox"/> Right<br>High Medial Flange <input type="checkbox"/> Hard <input type="checkbox"/> Soft | <br>R <input type="checkbox"/> Medial _____ mm R <input type="checkbox"/> Lateral _____ mm<br>L <input type="checkbox"/> Medial _____ mm L <input type="checkbox"/> Lateral _____ mm<br>Kirby Skive |   |  |   |
| <br><input type="checkbox"/> Left<br><input type="checkbox"/> Right<br>1st Met Cut Out | <br><input type="checkbox"/> Left<br><input type="checkbox"/> Right<br>1st Ray Cut Out  | <br><input type="checkbox"/> Left<br><input type="checkbox"/> Right<br>5th Ray Cut Out  | <br><input type="checkbox"/> Left<br><input type="checkbox"/> Right<br>5th Button Out   | <br><input type="checkbox"/> Left<br><input type="checkbox"/> Right<br>Fascia Grove       |  |   |

## 7. ADDITIONAL REQUESTS

## Information

**SPORT: Usage:** Ideal for individuals who engage in various sports activities, ensuring comfort and support during high-impact movements.

**Benefits:** Provides enhanced cushioning, which helps to absorb shocks and reduce the risk of injuries.

**MARATHON: Usage:** Perfect for marathon runners and those involved in intense physical activities, offering excellent arch support and cushioning.

**Benefits:** Helps prevent fatigue and injuries during long-distance running or heavy-duty work.

**SUPER FLEX: Usage:** Suitable for individuals who stand or walk for extended periods, such as retail workers or healthcare professionals.

**Benefits:** The flexible design ensures comfort and reduces strain on the feet.

**SAFETY MEDIX : Usage:** Designed for workers wearing safety boots or work boots, providing superior cushioning and support.

**Benefits:** Reduces foot fatigue and enhances comfort during long hours of work in challenging environments.

**CASUAL: Usage:** Ideal for everyday office wear, offering regular cushioning to enhance comfort. **Benefits:** Reduces foot strain and provides comfort throughout the workday.

**DRESS: Usage:** Suitable for formal occasions and professional settings, providing appropriate cushioning and arch support for dress shoes.

**Benefits:** Ensures comfort while maintaining a professional appearance.

**HIGH HILLS: Usage:** Designed for high-heeled shoes, offering thin cushioning and good arch support.

**Benefits:** Helps to alleviate discomfort associated with wearing high heels for extended periods.

**UCBL: Usage:** Kids' podiatry orthotics designed to control and support the ankle and medial arch. **Benefits:** Provides stability and prevents ankle and foot deformities in children.

**ROBERT WHITMAN: Usage:** Advanced kids' podiatry orthotics offering comprehensive support for the ankle, medial arch, and lateral side.

**Benefits:** Ensures proper foot development and prevents various foot-related issues in children.

**INDUCE IN TOE: Usage:** Orthotics designed to correct out-toe gait walking. **Benefits:** Improves gait and prevents related foot problems.

**INDUCE OUT TOE: Usage:** Orthotics designed to correct in-toe walking. **Benefits:** Enhances walking pattern and reduces the risk of developing foot deformities.
















**ACCOMMODATIVE: Usage:** Highly cushioned orthotics without a semi-rigid core, ideal for individuals with plantar fasciitis or diabetic foot.

**Benefits:** Provides maximum comfort and alleviates foot pain.

**DIABETIC ORTHOTICS: Usage:** Specially designed for individuals with diabetes, offering extra cushioning to prevent foot complications.

**Benefits:** Helps to reduce pressure points and prevent ulcers and other foot issues common in diabetic patients.

**XT GROUP ORTHOTICS: Usage:** Utilizes XT as the core material, providing a thin, light, yet rigid and durable orthotic. **Benefits:** Ensures long-lasting support and comfort.

| Name                       | Function  | Clinical Indication  |   |   |
|----------------------------|---|--|---|---|
| Heel Spur Pad              | Absorbs shock and provides extra cushioning to the surrounding inflamed area  | Radiographically confirmed centrally located heel spurs<br>Plantar fasciitis |   |    |
| Heel Cushion               | Absorbs shock and provides extra cushioning.  | Non-central heel spurs<br>Plantar fasciitis                                  | Fat pad atrophy   |    |
| Heel Center Pocket         | Circle cut out on center of heel to reduce bulky orthotics and takes pressure off from heel tissue.                 | Plantar Fasciitis<br>Heel Spur   |   |   |
| Metatarsal Pad             | Elevates metatarsals to distribute pressure from metatarsal head to metatarsal shaft.                               | Reduced transverse arch<br>Metatarsalgia                                     | Forefoot callusing<br>Neuroma                                   |  |
| Metatarsal Bar             | Elevates metatarsals 2-4 to distribute pressure from metatarsal head to metatarsal shaft.                           | Metatarsalgia<br>Forefoot callusing<br>Neuroma                               | Intermetatarsal bursitis<br>Reduced transverse arch<br>Claw toe |  |
| Metatarsal Raise           | Elevates metatarsal heads 1-5 and distributes pressure to metatarsal shafts.  | Metatarsalgia<br>Forefoot callusing  |   |  |
| Morton's Extension         | Supports 1 st MTP joint and improves propulsion to allow for better dorsiflexion.                                   | Turf toe<br>Hallux rigidus<br>Short 1 st metatarsal                          | Arthritis in 1 st MTP<br>Trauma                                 |  |
| Toe Crest                  | Helps offload distal aspect of the toes.  | Hammer toes<br>Claw toes   | Mallet toes<br>Metatarsalgia                                    |  |
| Reverse Morton's Extension | Increases ROM of 1 st MTP and provides cushioning to 2-5 metatarsals heads.   | Sesamoiditis<br>Severe forefoot valgus deformity<br>Plantarflexed 1 st toe   |   |  |
| Arch Pad or Scaphoid Pad   | Provides cushioning along the medial longitudinal arch which helps increase forces on medial longitudinal reaction. | Severe over-pronation<br>Rigid cavus<br>Pain in the medial longitudinal arch |   |  |
| Kinetic Wedge              | Helps offload sesamoids and provides cushioning to 2-5 metatarsal heads.  | Sesamoiditis<br>Lesion under the first metatarsal head                       |   |  |
| Lateral Clip               | Provides stability and support to prevent lateral drift.  | Excessive over supinated foot  |   |  |
| High Medial Flange         | Adds rigidity and strength to frame and provides medial stabilization to 1 st ray and calcaneus.                    | Excessive pronated foot<br>Pes planus<br>Genu valgum                         | Everted feet<br>Navicular pain<br>Collapsed talonavicular joint |  |
| 1 st met cut out           | Helps plantarflex 1 st metatarsal to achieve a better forefoot pronation and gait.                                  | Sesamoiditis<br>Functional hallux limitus<br>Bunion                          |   |  |
| 1st Ray cut out            | Helps plantarflex the first ray.  | Sesamoiditis<br>Hallux limitus<br>Bunion                                     |   |  |
| Neuroma Pad                | Elevates and separates metatarsals to reduce intermetatarsal pressure   | Interdigital neuroma<br>Morton's neuroma                                     | Metatarsalgia<br>Intermetatarsal bursitis                       |   |
| Heel Lift                  | Elevates heel to help balance leg length discrepancy.   | Equinus<br>Achilles tendonitis   | Functional leg length discrepancy                               |   |